Friday, August 15
7 - 11 p.m. Families Arrive/Check-in at Sloan Center
8:30 p.m. For those who have arrived, meet in gym for group activities.

Saturday, August 16
Note: Important logistical announcements are made at each meal; please try and be sure that at least one adult from each family is present to hear announcements.

8:30 a.m. Breakfast: Dining Hall
9:15 – 9:45 Opening/Introductions/Group Photo: While Cheerio staff are setting up the activities, we’ll gather in the gym for introductions and announcements and to take the annual group photo.
9:45 – 11:45 Stone Mountain Rockclimbing Excursion (pre-registration required)
9:45-11:30 Camp Activities Open: (gym, tennis, frisbee course, all available)
    climbing wall
    arts & crafts
    skeet shooting (ages 12 and up)
    land ziplines (ages 7 and up).
    horseback ring riding*: Open ONLY Sat. morning but until 12:15
    *this activity provided by our friends from Shea Rose Farms
11:30 – 12:30 Lacrosse Clinic in upper athletic field with UNC Men’s Lacrosse Coach Joe Breschi ’90
12:30 p.m. Lunch: Dining Hall
1:15 – 5:45 Canoeing Excursion - leaves immediately from lunch (pre-registration required)
1:30 – 2:30 Rest Hour
1:30 – 3:30 2 hr Horseback Trail Riding Excursion (pre-registration required)
2:30 – 5 Camp Activities Open: (gym, tennis, frisbee course, all available)
    lake slide    rifflery (ages 10 and up)
    archery    lake zipline (ages 7 and up)
    arts & crafts    canoeing & fishing

Pool Open
Please note that parents must accompany children to the pool; you are primarily responsible for the safety of your children at the pool.
Saturday (continued)

5 - 6 p.m.  Rocket Building: Sloan Center and lower athletic field
Build a rocket and launch it skyward with the power of pressurized air and water!
Change your rocket’s aerodynamics with a nose-cone or fins. Decorate the fuselage, start the countdown, and make your rocket blast off! Activity and staff provided by Morehead Planetarium and Science Center.

6:00  **Supper:** Dining Hall

7 – 7:45  **Science LIVE!:** Sloan Center
*Activity and staff provided by Morehead Planetarium and Science Center.*

7:45-8:30  Campfire and Skits in the Vespers Area
Followed by snack

8:30 - 9:30  **Skywatching:** Upper Athletic Field (weather permitting) *Telescopes and staff provided by Morehead Planetarium and Science Center.*

Sunday, August 17

8:30 a.m.  **Breakfast:** Dining Hall

9:45 – 11:45  **Camp Activities Open:** (gym, tennis, frisbee course, all available)
   - climbing wall
   - archery
   - arts & crafts
   - riflery (bb guns – younger kids welcome)
   - canoeing & fishing
   - the land ziplines (ages 7 and up)

10:45 – 11:45  **Pool Open**
*Please note that parents must accompany children to the pool; there will not be a certified lifeguard on duty!*

12:15 p.m.  **Lunch & Farewell:** Dining Hall

1:30 – 3:30  **2 hr Horseback Trail Riding Excursion** *(pre-registration required)*