Scottish Isles and Norwegian Fjords

A voyage aboard the
Exclusively Chartered Small Ship
Five-Star LE BORÉAL
May 21 to 29, 2019
Dear Carolina alumni and friends:

Across the length and breadth of Scotland and Norway lies a rare richness of natural beauty and archaeological heritage left from the age of the Vikings. Explore this fascinating land where the centuries-old Gaelic language is still spoken in the Scottish Highlands and where enigmatic stone monuments and ancient settlements stand in testimony of Viking and Celtic clans amongst the natural beauty of misty isles, wild glens, lochs and moors. Experience Norway’s stunning fjords and the remote gems of the North Atlantic on this journey to distant, idyllic islands along splendid coastlines.

This specially designed itinerary follows the stepping stones of Nordic and Scottish civilizations during the best time of year, when the weather is mild and the days are long—a rare voyage accomplished only aboard a small ship cruising into smaller ports where larger vessels cannot venture. The exclusively chartered, Five-Star Le Boréal, which features only 110 deluxe Suites and Staterooms, is ideal for navigating the serene waterways of Scotland and Norway.

Cruise from charming Bergen, where rows of colorful, gabled houses on the historic Bryggen waterfront evoke the city’s past as a center of Hanseatic League trade, to dynamic Glasgow. Take one of the world’s most scenic train rides along Norway’s spectacular mountain landscape aboard the Flåm Railway. Sail into majestic fjords and admire the natural beauty of the Shetland Islands with their remarkable links to the distant past. Learn more about Viking history on the tradition-steeped Orkney Islands from the renowned archaeology expert, Nick Card, noted for his incredible commitment to researching the region. On this exceptional voyage, immerse yourself in the austere splendor of the Scottish Highlands in the hamlets of Glenfinnan and Glencoe, traverse the ancient shipping lanes of the Vikings and enjoy opportunities to visit up to five UNESCO World Heritage sites.

This popular travel program sells out quickly, so book now while space and Early Booking Savings are still available!

Yours at Carolina,

Douglas S. Dibbert ’70
President
The University of North Carolina
General Alumni Association

Faculty Member

William R. Ferris, a widely recognized leader in Southern studies, African American music and folklore, is the Joel R. Williamson Eminent Professor of History at UNC and the senior associate director of its Center for the Study of the American South. He is also adjunct professor in the curriculum on folklore. The former chairman of the National Endowment for the Humanities (1997-2001), Ferris has conducted thousands of interviews with musicians ranging from the famous (B.B. King) to the unrecognized (Parchman Penitentiary inmates working in the fields). At Carolina, Ferris has been teaching classes on the history of music in the American South and its impact on the region’s history and culture. His students have explored Native American songs, Appalachian folk ballads and Afro-American hymns, spirituals and work chants, and considered a range of forms including blues, country music, gospel, jazz, rock, and rap.

*Professor Ferris will accompany the tour with a minimum of 10 participants.
During the enigmatic Viking Age, which prevailed almost 300 years between the eighth and 11th centuries, the Men of the North were cast as fierce barbarians who plundered their way across the known world. They came from Norway to settle in Scotland around A.D. 800—in Jarlshof on the Shetland Islands and in the Hebrides, where over 100 villages still are known by their originally settled Norse names, solidifying the enduring historic link between Norway’s Vikings and Scotland’s clans. Some of Scotland’s best-known clans, the Clan Donald and Clan MacLeod, came from Norse ancestry, influencing the distinct dialects still spoken today on the Orkney and Shetland Islands. The nuance and rich history of these two complex and deeply intertwined cultures await your discovery across these remote, verdant and storied lands.

U.S.
Tuesday, May 21
Depart the U.S.

Bergen, Norway
Wednesday, May 22
Arrive in Bergen, founded on a Viking settlement in 1070 and the Norwegian capital during the 12th and 13th centuries. Embark the Five-Star Le Boréal.

Bergen
Thursday, May 23
From the 14th to mid-16th centuries, Bergen was an important part of the Hanseatic League’s trading empire. Walk Bergen’s Bryggen (the old wharf), a UNESCO World Heritage site, and see its characteristically colorful wooden homes. Stroll the grounds of Troldhaugen, the summer home of famed Norwegian composer, Edvard Grieg. Visit the reconstructed Fantoft Stavkirke, a traditional 12th-century wooden stave church, noted for its durable post and lintel construction. Enjoy the afternoon at leisure in Bergen before the Captain’s Welcome Reception on board the ship this evening.

Flåm Railway/Cruising the Norwegian Fjords
Friday, May 24
This morning, board the Flåm Railway for one of Travel + Leisure magazine’s most scenic train rides. This masterpiece of Norwegian engineering—the steepest standard-gauge railway track in Europe, ascending 2835 feet—opened to the public in 1940 and travels 13 dramatic miles through 20 tunnels to Myrdal’s mountaintop station. Watch as snowcapped mountains, cascading waterfalls—including the awe-inspiring Kjøfossen—and intriguing hamlets unfold along this alpine branch of the world-renowned Bergen Line.

Norway’s fjords and islands offer some of Europe’s most picturesque coastal scenery, where sea mist and sunlight enhance the fjords’ deep blues and the landscape’s lush greens. Cruise the majestic Sognefjord passing traditional farmsteads and villages flanked by soaring mountains.

Lerwick, Shetland Islands, Scotland
Saturday, May 25
Explore the remote Shetland Islands, declared a Global Geopark by UNESCO for their

Look for black guillemots along the coast of the Orkney Islands.

Cover photo: Nicknamed “the King of the Fjords” for its size and depth, Sognefjord showcases Norway’s spectacular natural beauty.

Photo this page: The 13th-century Eilean Donan castle stands proudly at the convergence of three great sea lochs.
geologically diverse landscapes and seascapes carved by prehistoric ice. Here, nature’s colors and textures endlessly shift and clamoring gannets and puffins crowd the dramatic rock cliffs.

Dock in Lerwick, Shetland’s capital, and journey to the island’s southernmost point, scanning the verdant landscape for Shetland’s famous ponies grazing on the grass-covered knolls.

Visit Jarlshof, a pending UNESCO World Heritage site revealing 5000 years of human history, including late Neolithic stone houses, a Bronze Age village, an Iron Age broch and wheelhouse, Norse longhouses, a medieval farmstead and a 16th-century laird’s house.

This evening, the director and head archaeologist of the Ness of Brodgar site, Nick Card, will provide his keen insights about this impressive ancient compound that lies outside of Kirkwall. Mr. Card’s research and fieldwork are internationally regarded, both in the archaeology field and by the popular press. The Ness of Brodgar excavations were named the Current Archaeology Research Project of the Year in 2011 and were featured in a cover article of National Geographic in 2014.

The chromatic wooden buildings of Bergen’s Bryggen (the old wharf), a UNESCO World Heritage site, harken back to the city’s historical role as one of northern Europe’s oldest trading ports. The ruins at Jarlshof evoke thousands of years of civilization, from the Neolithic to the Middle Ages.

Kirkwall, Orkney Islands
Sunday, May 26
Nearly 1000 years before the pharaohs built Giza’s pyramids and over 500 years before Neolithic man raised Stonehenge, ancient inhabitants of this archipelago erected Ness of Brodgar, a mysterious compound rivaling the scale of the Acropolis, demonstrating advanced technological prowess. Walk among the nearby stone monoliths of the Ring of Brodgar, raised more than 4000 years ago to chart the seasons.

Known as the “Light of the North,” St. Magnus Cathedral in Kirkwall was founded by the Vikings in 1137.
See the ceremonial Stones of Stenness en route to the UNESCO World Heritage-designated settlement of Skara Brae. Archaeologists suggest these sites, along with the Ness of Brodgar, were inhabited by an early Orcadian culture known for decorative arts and sophisticated craftsmanship.

Thousands of years later, the Vikings established the port town of Kirkwall on Orkney’s main island, leaving behind the towering 12th-century St. Magnus Cathedral, known as the “Light of the North.”

Hear the classically haunting sounds of a Scottish bagpiper as you reboard the ship. This evening, a Scottish storyteller weaves traditional tales that have been handed down by word of mouth for generations.

**Portree, Isle of Skye/Kyle of Lochalsh/**

**Monday, May 27**

Arrive in the scenic capital of Portree, situated along the unforgettable coastline of ethereal Isle of Skye. Travel across heather-covered moors and through the starkly beautiful Cullin Mountains en route to Kyle of Lochalsh. Here, visit one of the world’s most iconic castles, the 13th-century Eilean Donan Castle, named for a sixth-century Irish saint.

**Fort William/Scottish Highlands**

**Tuesday, May 28**

The legendary Scottish Highlands and their rugged scenery have inspired countless folktales with their magnetic and mysterious pull.

Begin your day in bucolic Glenfinnan; view the viaduct immortalized by the Hogwarts™ Express in the Harry Potter film series, and see the Glenfinnan Monument, commemorating the Jacobite Highlanders that Bonnie Prince Charlie rallied against King George II in 1745. Depart for a photo-worthy stop on the Caledonian Canal at Neptune’s Staircase—the longest staircase lock in Britain. Travel along castle-dotted shores to Glencoe, what is considered Scotland’s most scenic glen, partially owned and preserved by the National Trust for Scotland.

Attend the Captain’s Farewell Reception this evening.

**Glasgow/U.S.**

**Wednesday, May 29**

Disembark in Glasgow, where the indelible mark of Viking conquest still permeates the culture, and continue on the Post-Cruise Option or transfer to the airport for your return flight.

Enjoy a phenomenal journey through the fjordlands of Norway aboard the Flåm Railway, first proposed in 1871.
EXCLUSIVELY CHARTERED, FIVE-STAR MS LE BORÉAL

Five-Star, State of the Art, Small Ship
Join us aboard the exclusively chartered, Five-Star Le Boréal, where distinctive French sophistication meets innovative nautical design. The ship’s efficient electrical propulsion system and custom stabilizers provide an exceptionally smooth, quiet and comfortable voyage.

Respect for the Environment
With advanced eco-friendly features, the ship has been appointed the prestigious “Clean Ship” award—a rare distinction among ocean vessels.

With Our Compliments
Indulge in these complimentary onboard amenities—alcoholic and nonalcoholic beverages available throughout the cruise and in your Suite or Stateroom minibar, Wi-Fi access throughout the ship and 24-hour room service.

Chic and Casual Dining
The stylish dining room and casual alfresco restaurant feature international and regional cuisine and serve continental and buffet breakfasts, buffet lunch, afternoon tea and dinner in four courses or buffet. Wine is served at your table with lunch and dinner.

Only 110 Suites and Staterooms, 95% Including Private Balconies
These elegant ocean-view accommodations range from 200 to 484 square feet, and most have a private balcony. Your Five-Star Suite or Stateroom features individual climate control, two twin beds or one queen bed, a private bathroom with shower, and luxurious hotel amenities, including flat-screen television, safe, full-length closet, plush robes and slippers.

Life on Board
Whether you seek educational and cultural presentations, panoramic views, nightly entertainment or quiet retreat, the ship’s spacious public areas can accommodate all passengers comfortably. Enjoy two lounges, a theater, library, Sun Deck with open-air bar, swimming pool, beauty salon, spa, Turkish bath-style steam room and fitness room. The ship has three elevators.

World-Class Service
The highly trained, English-speaking crew are personable and attentive, and the ship has a medical center staffed with a doctor and nurse.
Included Features

On Board the Exclusively Chartered, Five-Star, Small Ship Le BORÉAL

◆ Seven-night voyage from Bergen, Norway, to Glasgow, Scotland, featuring a cruise of Norway’s fjords.
◆ Elegantly appointed, Five-Star Suite or Stateroom.
◆ Captain’s Welcome and Farewell Receptions.
◆ Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
◆ All meals aboard ship.

◆ Complimentary Wi-Fi throughout the ship.
◆ Visit to Bryggen, Bergen’s historic waterfront—a UNESCO World Heritage site—and a specially arranged tour of Troldhaugen, the home of composer Edvard Grieg.
◆ Round-trip journey with stunning views on the Flåm Railway, one of the world’s most scenic train rides.
◆ Spectacular cruise through the picturesque Sognefjord, Norway’s longest fjord.
◆ Excursion to the 5000-year-old prehistoric site of Jarlshof on Scotland’s remote Shetland Islands, UNESCO Global Geopark.
◆ Exclusive, specially arranged lecture by esteemed expert Nick Card, the director and head archaeologist of the Ness of Brodgar archaeological site.
◆ Scenic excursion through the picturesque Sognefjord, Norway’s longest fjord.
◆ Scenic excursion across the Isle of Skye to visit iconic 13th-century Eilean Donan Castle.
◆ Excursion through the Scottish Highlands, featuring Glencoe, Scotland’s most scenic glen, and the bucolic village of Glenfinnan.
◆ Traditional Scottish storytelling and the distinctive melodies of Scotland’s iconic bagpipe.

Always Included

◆ Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ Experienced, English-speaking, local guides for included excursions.
◆ Gratuities to local guides and drivers on included excursions and transfers.
◆ Complimentary bottled water in your Suite or Stateroom and on excursions.
◆ Hospitality desk aboard the ship.
◆ Experienced Gohagan & Company Travel Directors at your service.
◆ Complimentary use of an audio headset during guided excursions.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Scotland’s Cultural Capitals

Glasgow • Edinburgh

This special Post-Cruise Option explores two of Scotland’s great cities and their histories of fascinating clans, medieval knights and royal and religious intrigue. During your tour of Glasgow, visit the 12th-century cathedral, the only surviving medieval church in mainland Scotland, and the captivating St. Mungo Museum. In Edinburgh, discover the UNESCO World Heritage-designated Old Town and New Town and explore the Edinburgh Castle. Spend two nights in the ideally located, Five-Star Waldorf Astoria Edinburgh - The Caledonian.

Wonders of Norway • Copenhagen

Fjordlands • Stalheim • Oslo

By Bergen Railway and Coastal Ferry

Immerse yourself in majestic Norwegian landscapes and traditional Scandinavian culture on this unique and exclusive five-night Pre-Cruise Option. In the Danish town of Roskilde, visit its 12th-century, Gothic-style cathedral, a UNESCO World Heritage site, and explore the fascinating Viking Ship Museum. Enjoy an exclusively chartered cruise along Copenhagen’s idyllic canals to see Christiansborg and Amalienborg Palaces and view the “Little Mermaid” statue. In vibrant Oslo, visit the stately Opera House and the unique Vigeland Sculpture Park. Experience the majesty of the Norwegian highlands and ride through the stunning scenery of Europe’s highest mountain plateau on the Bergen Railway. Accommodations are for four nights in comfortable hotels and one night aboard an award-winning Seaways ferry from Copenhagen to Oslo.

The Pre- and Post-Cruise Options are available at additional cost. Details will be provided with your reservation confirmation.

Copenhagen’s Nyhavn waterfront showcases the Vikings’ legacy and the maritime character of a traditional Hanseatic city.

Standing guard over Scotland’s historic capital, Edinburgh Castle served as a royal residence from the ninth to 16th centuries.
### SCOTTISH ISLES AND NORWEGIAN FJORDS RESERVATION FORM

Membership Requirement: Tour participants who are not members of the General Alumni Association must join the Association ($50 for singles, $60 for couples) to participate. Please pay by separate check made payable to the General Alumni Association and mail the check with this reservation form. I understand that reservations will be available on a first-come, first-served basis. I accept the conditions as stated in this brochure and submit my reservation(s) as indicated. I understand that the balance is due February 15, 2019.

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*Prices are available in category 6 at $11695* and in category 4 at $13395* on or before September 28, 2018. Add $1000 for reservations made after September 28, 2018.

Taxes are an additional $440 per person and are subject to change.

**I/We** have been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

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**I am requesting** reservation(s), and have enclosed my check for $________ as deposit ($800 per person and $200 per person Wonders of Norway Pre-Cruise Option and/or $200 per person Scotland’s Cultural Capitals Post-Cruise Option). Please make deposit checks payable to Gohagan & Company and mail this form to General Alumni Association, The University of North Carolina, George Watts Hill Alumni Center, P.O. Box 660, Chapel Hill, NC 27514-0660, (877) 962-3980.

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Deposits can be also be made by credit card. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

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I/We authorize you to charge my/our deposit of $________ to:

- [ ] MasterCard
- [ ] Visa
- [ ] Amex
- [ ] Discover
- [ ] Other:

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I/We want you to book my/our air, at an additional cost to be advised, from:

- [ ] Economy Class
- [ ] Upgraded Economy
- [ ] Business Class
- [ ] First Class

Note: Airfare is subject to change and availability and is nonrefundable.

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I/We will make my/our own air arrangements.
RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITIES: Gohagan & Company, the sponsoring associations/organizations, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (collectively “Gohagan”), do not assume responsibility for baggage to be included in your trip, for your trip including, for example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers of optional excursions, food service or entertainment, providers, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, bites or attacks by animals, insects or pests, strikes or other labor activities, criminal or terrorist activities of any kind or the threat thereof, sickness, illness, epidemics or the threat thereof, the lack of availability of or access to medical attention or the quality thereof, overbooking or downgrading of accommodations, mechanical or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart on time or safely.

If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. Baggage is entirely at owner’s risk. The right is reserved to decline to accept as a trip participant, or remove from a trip, with or without refund, any person who Gohagan determines to be incapable of meeting the requirements of the trip or is a clear danger to the rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders or third parties, or who Gohagan determines to be a threat to themselves or others. Any group tour leader or agent’s cabin assignments are within the sole discretion of the hotel or cruise line.

Gohagan reserves the right to change the itinerary or trip features at any time and without any notice, and shall not be liable for any loss of any kind as a result of any such changes. Ship schedules, port calls, hours of arrival and departure, sightseeing events, special programs and excursions (if applicable), are subject to change or cancellation. Gohagan reserves the right to substitute motorcoach transportation using hotels, inns or lodges for cruise accommodations if necessary due to weather, water conditions or levels, other events of force majeure, mechanical or other conditions beyond the control of Gohagan. Gohagan is not responsible therefor and is not required to compensate passengers under these circumstances. Gohagan disclaims any implied warranties of merchantability or fitness for a particular purpose.

CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective until received in writing in the offices of Gohagan. Should you have to cancel, the following terms will apply: reservations/cancellation(s) are subject to a $200 ($50 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $400 ($100 Pre/Post Program(s)) per person; from 60 through 94 days prior to departure, 50% of the published full regular tariffs; cancellations 59 days or less prior to departure, a 30%-50% or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIPS: All Optional insurance coverage is available for baggage, accident and trip cancellation/interruption. We strongly recommend for your protection that you purchase trip cancellation insurance. In the event that United States Government policy dictates that your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. The GAA will send you an application upon receipt of your reservation.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for subsequently imposed governmental tax increases. Registration: CSTR#: 2031368-40, WST#: 601 767 666, OST#: TA 0905.

BINDING ARBITRATION: Any dispute concerning, relating or referring to this Agreement, the brochure or any other literature concerning the trip, or the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS).

Such proceedings will be governed by substantive (but not procedural) Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other trip participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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FOUNDED AS A MARKETPLACE FOR 17TH-CENTURY DUTCH HERRING FLEETS, LERWICK MERGES COASTAL CHARM WITH A ROLLING, HEATHERED LANDSCAPE.