

Romance of the **Douro River**

Lisbon | Porto | Alto Douro Wine Region



**NO SINGLE
SUPPLEMENT**
for Solo
Travelers



SPONSORED BY

**The University of North Carolina
General Alumni Association**

October 13-24, 2020

**Featuring Peter Coclans
Albert Ray Newsome Distinguished Professor
Director, Global Research Institute**





A World Apart

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers, who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. This high-caliber professional makes you feel safe and important by creating a convivial, welcoming atmosphere.

The other important characters in this story are the guides and lecturers, whose regional expertise shines in their insider perspective and commentary.

Become intimately engaged in the rhythm of life along the Douro River, where grapevines swirl across terraced hills and visits to picture-perfect towns add a memorable chapter to the rich story of your life.

Inspiring Moments

- ▶ Travel through the rolling hills of the Alto Douro wine region and visit a *quinta* for a **port wine tasting**.
- ▶ Walk in the footsteps of Portuguese aristocracy at **Mateus Palace**.
- ▶ Gaze at the world-renowned **University of Coimbra**.
- ▶ Delve into Portuguese history at **Guimarães**, the city considered to be the birthplace of Portugal.
- ▶ Explore **Porto's** maze of medieval alleys and colorful neighborhoods.
- ▶ Appreciate the splendor of **Salamanca**, an elegant Spanish city.
- ▶ Follow the historic path of great explorers in **Lisbon**.
- ▶ Delight in day sailing along the scenic **Douro River**.



Peter Coclanis, Albert R. Newsome Distinguished Professor and former chair of the history department, is director of the Global Research Institute at UNC. The Global Research Institute, founded in 2009, is a center for scholarly and applied research on key international questions. Between 2002 and 2009, Coclanis served as UNC's first associate provost for international affairs, providing leadership for the University's international endeavors, serving as spokesman and overseer of international activities and leading in the development of UNC's global mission. Born in Chicago, Coclanis received his Ph.D. from Columbia University in 1984, joining the faculty at UNC that same year. He works primarily in economic history, business history, and social history and has published extensively in each of these areas.

Professor Coclanis will accompany the group with a minimum of 10 UNC travelers.

Dear Carolina Alumni and Friends,

The romantic Douro River flows gently through a visual wonderland of sculpted hills and terraced vineyards. On this 10-night journey, join fellow Tar Heels and friends to enjoy the Douro Valley's stunning landscapes, and to experience the culture and history of Lisbon and Porto.

Begin your journey with three nights in Lisbon, where explorers launched history-making journeys and centuries-old trams still navigate twisting lanes. Next, fall under Port's alluring spell by delighting in the city's storied port wine culture and mosaic of scarlet and golden architecture. Continue with seven nights cruising the Douro River, passing colorful vineyards and hilltop villages. Along the way, witness charming Vila Real and Lamego, spend a day in the Spanish city of Salamanca and tempt your palate with tantalizing cuisine, including the region's eponymous sweet port wine. Prepare to lose yourself in

Portugal's old-world ambience and nostalgic antiquity.

Enjoy an intimate cruising experience on a small ship built specifically for river travel and personalize your cruise by joining excursions of your choice on select days. Space is limited, so we encourage you to book this experience today!

Yours at Carolina,

Douglas S. Dibbert '70

President

The University of North Carolina General Alumni Association

877-962-3980

norcar.ahitravel.com

Coimbra





Hieronymites Monastery, Lisbon

Day 1 | In Transit

Depart your gateway city for Lisbon, Portugal.

Day 2 | Lisbon, Portugal

Upon arrival in Lisbon, transfer and check in to the Dom Pedro Palace Lisbon.

Tonight, gather with your fellow travelers to kick off your adventure at a Welcome Reception.

Day 3 | Lisbon

Discovery: Lisbon Tour.

Uncover Lisbon today! See the Avenue of Liberty, sprawling squares and parks, and downtown Lisbon before immersing yourself in Portugal's seafaring history. Visit the Hieronymites Monastery. Built from 1501 as a place of spiritual protection, this is where sailors and explorers prayed before their expeditions. Admire the incredible artistry of the towering Monument to the Discoveries and Belém Tower, which celebrates the triumphs of Portugal's

explorers. Then drive through Lisbon's authentic, personality-packed neighborhoods, including Bairro Alto, Alfama and Graça.

Free Time: Discover Lisbon at your own pace.

Enrichment: Portuguese Explorers. Learn about The Age of Discovery and the explorers who sailed under the Portuguese flag.

ELECTIVE | Fado Dinner. Savor a delicious dinner of Portuguese cuisine and listen to soul-stirring *fado*, a traditional genre of music with melancholic guitar and vocal arrangements.

Day 4 | Lisbon

Free Time: Join today's Elective Activity to explore nearby villages or enjoy a day at leisure.

ELECTIVE | Sintra, Cascais and Estoril.

Sintra is home to bright, playful architecture and the National Palace of Sintra with its two iconic white chimneys. Walk the path of Portuguese kings during a guided tour of the well-preserved

YOUR INDIVIDUAL EXPERIENCE

Free time means something different to every traveler. You may like to linger in a cozy café or stay on the go. That's why we design itineraries that allow you to craft an individual travel experience.



PERSONALIZE YOUR JOURNEY | PYJ | Included

Choose from a variety of excursions in selected locales based on your interests.



ELECTIVE EXPERIENCES | At an additional cost

Further your experience by immersing yourself in specially designed activities.

Check out our itinerary for more details. We've done the legwork. Now the choice is yours.



Above: University of Coimbra |
Below: Nossa Senhora dos Remédios, Lamego



Tram, Porto

palace. After lunch in Sintra, take a scenic drive, passing Cabo de Roca and pretty Guincho Beach. Stop in the delightful fishing village of Cascais for a guided picturesque walk, and drive through Estoril on your return to Lisbon.

Enrichment: Contemporary Portugal. Learn about modern Portugal, including the events and people that have shaped the Portugal of today.

Day 5 | Óbidos | Coimbra | Porto

Check out of the Dom Pedro Palace Lisbon.

Discovery: Óbidos. Visit Óbidos, a romantic medieval village enclosed within ancient walls. Follow narrow alleys bordered with traditional white houses, vivid tiles and potted geraniums.

Discovery: Coimbra. Built atop an ancient Roman city, Coimbra's timeworn streets offer

a variety of interesting monuments and landmarks. Visit the illustrious University of Coimbra. The city's crowning glory opened in 1290 and is one of Europe's oldest universities. See St. Michael's Chapel, a historic ceremonial hall and the stunning Biblioteca Joanina, home to 60,000 volumes. Dine on savory regional cuisine for lunch.

After time at leisure in Coimbra, continue to Porto and embark your river ship. Later tonight, join an onboard Welcome Reception and Dinner.

Day 6 | Porto

PYJ | Choose one of these excursions:

• **Porto City Tour.** Witness Porto's historic and modern districts, see a breadth of architectural styles at the Palácio da Bolsa, and visit the Igreja da São Francisco. Conclude with a port wine tasting.

• **Porto by Tram and Flavors of Porto.**

Experience a bygone era and see the city from a unique perspective aboard one of Porto's historic trams. Then visit the Museu do Carro Elétrico, followed by a tasting of local specialties.

Free Time: Enjoy leisure time. Perhaps return to the city center on our complimentary shuttle.





*Top: Manor Solar de Mateus, Vila Real |
Above: Tower of Belém, Lisbon*

Enrichment: Douro Wine Country. Discuss the wine-making traditions of the Douro region with a local expert.

Day 7 | Porto | Peso da Régua

PYJ | Choose one of these excursions:

• **Guimarães, Cradle of Portugal.** During a walking tour, discover the charms of Guimarães, the birthplace of Portugal's first king. Step inside Igreja de Nossa Senhora da Oliveira, and visit the Palace of the Dukes of Bragança, an opulent estate in the city. After, craft your own path of discovery in Guimarães.

• **Douro Walk and Port Wine Tasting.** Take a guided walk along the Atlantic coastline and the Douro. Pass through São Pedro da Afurada, a typical Portuguese fishing village where you can witness the hum of daily life. Along the way, enjoy a beautiful view of Porto and Ribeira Square. Continue to the renowned port wine cellars of Vila Nova de Gaia and savor a port wine tasting at one of the cellars. (Active) Indulge in the peaceful beauty along the river.

Day 8 | Vila Real | Barca d'Alva

Discovery: Vila Real. Encounter the Manor Solar de Mateus, an 18th-century baroque palace, on a guided tour. View the impressive rooftop pinnacles, carved wooden ceilings and lavish halls before strolling through the ample gardens, which feature box hedges, flowerbeds and a cedar tunnel. Walk along the cobbled lanes of Vila Real, and sample *Cristas de Galo*, a local pastry made with eggs and almonds.

Return to the ship for lunch. As you continue cruising through the Douro Valley, notice the riverbanks draped with orderly vineyards.

Day 9 | Barca d'Alva | Salamanca, Spain

PYJ | Choose one of these excursions:

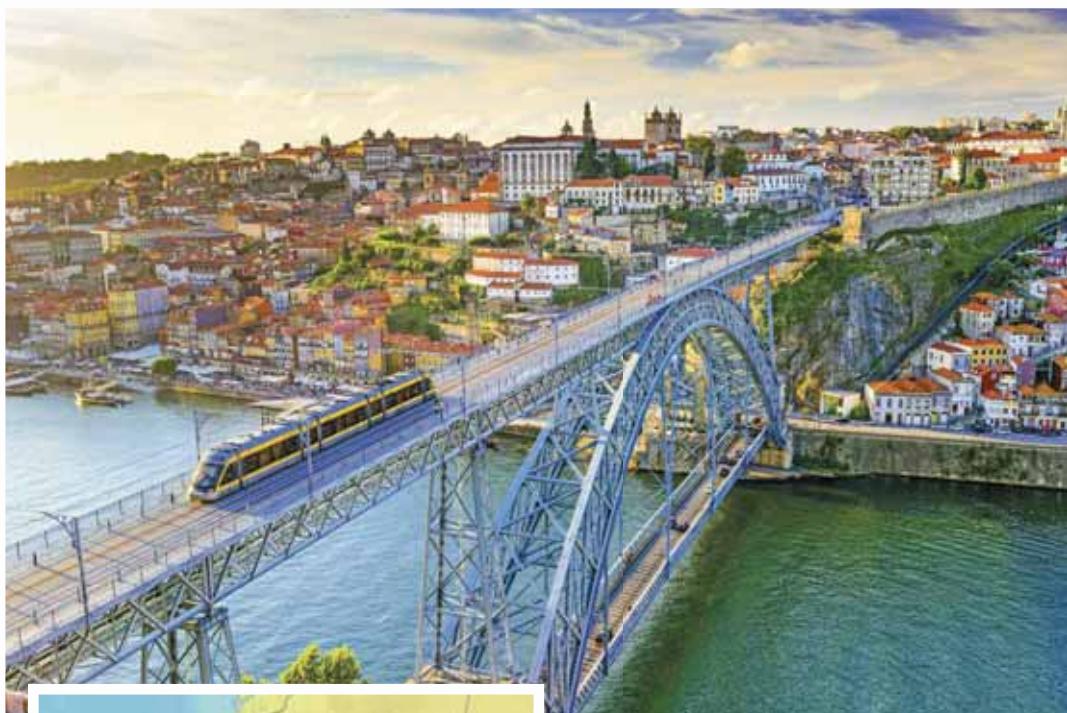
• **Salamanca City Tour.** Explore the historic university town of Salamanca. Visit the ornate cathedral and tour the famous university. Finish your adventure with lunch and leisure time.

• **Salamanca by Bike.** Bicycle along the Río Tormes and the Old Town with a guide. Visit the cathedral and the university. After a group lunch, craft your own path during free time. (Active)

Day 10 | São João da Pesqueira | Pinhão

Discovery: Porto's Wine Road. Travel through the rolling Alto Douro wine region, pausing to revel in a panoramic viewpoint. Visit São João da Pesqueira, known as the "fishing ground" due to its prime fishing location. Join a walking tour before exploring at your leisure. Continue to a traditional country estate and winery, or a *quinta*, for a tour of the facilities, a presentation about port winemaking and a tasting of the local product. Often characterized as a dessert wine, port is made with indigenous grapes and embodies sweet, rich flavors.

Discovery: Portuguese Folklore. Enjoy an authentic folk show tonight as singers and dancers showcase their culture through song.



Day 11 | Lamego | Porto

Discovery: Lamego. Pretty Lamego is nestled in the heart of the port-producing Douro Valley. Visit Nossa Senhora dos Remédios, a splendid baroque church overlooking the city. Leading to the church is a grand staircase with 686 steps, nine landings, statues, obelisks and azulejos, Portugal's iconic blue-and-white tiles.

Spend your final afternoon sailing the Douro Valley as the ship nears Porto.

Tonight, celebrate your exciting river journey at a Farewell Reception and Dinner.

Day 12 | In Transit

Following breakfast, transfer to the airport for the return flight to your gateway city.

Note: Itinerary may change due to local conditions.

Flights and transfers included for AHL FlexAir participants.

Elective experiences available at an additional cost.

*Top: Dom Luis I Bridge, Porto |
Above: Porto*

A Note About Activity Levels

We want you to have a comfortable and enjoyable experience. That's why we have rated all of our excursions with activity levels to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website to review the itinerary for full details about our activity levels.

Excursions on this program require:

- ▶ walking on cobblestones, unpaved paths or uneven surfaces
- ▶ getting on/off motor coaches and boats

ACCOMMODATIONS

Located in the heart of Lisbon's Amoreiras neighborhood, the Dom Pedro Palace places you at the center of the city's best shopping. Dine at Il Gattopardo, featuring Italian dishes, or Bistrot Le Café, which serves regional cuisine. Unwind in the hotel's serene spa offering a sauna, whirlpool and indoor swimming pool, as well as a fitness room. Wi-Fi is complimentary.



DOM PEDRO PALACE LISBON | LISBON



MS Amalia Rodrigues

MS Amalia Rodrigues, debuting in 2019, joins CroisiEurope's fleet of fine river ships and represents a new generation of European river cruisers. Built specifically for river cruising, the Amalia Rodrigues is small enough to dock at the doorstep of towns and cities along the Douro River. With just 66 staterooms and suites, the ship also offers an intimate cruising experience and the utmost in service, safety and convenience. Travelers can relax on the Sun Deck and enjoy the passing scenery, or unwind in the lounge or library. Expert chefs prepare meals in the exacting tradition of fine gastronomy. There's a full breakfast buffet each morning, and at lunch and dinner, enjoy expertly prepared meals complemented by local wine. Throughout the cruise, all beverages (except Champagne and a select list of premium brands) are complimentary. All cabins are welcoming and provide outside river views and feature individual climate controls, flat-screen satellite TVs and bathrooms with showers. Wi-Fi is complimentary.

Reserve your Douro River cruise today!

Trip #:5-25096W

Send to Romance of the Douro River
The University of North Carolina General Alumni Association
George Watts Hill Alumni Center
CB# 9180
Stadium Drive, PO Box 660
Chapel Hill, NC 27514-0660
Toll Free: 877-962-3980

Please contact **877-962-3980** with questions regarding this trip or to make a reservation.

Full Legal Name (exactly as it appears on passport)

1) _____
Title First Middle Last Date of Birth

Email: _____

2) _____
Title First Middle Last Date of Birth

Email: _____

Street Address: _____

City: _____

State: _____ ZIP: _____

Home: (_____) _____ Cell: (_____) _____

Sharing with _____ (Form sent separately)

I/we authorize you to make my/our reservations as follows:

Cabin Category Desired: 1st choice _____ 2nd choice _____

Land | Cruise Program and AHI FlexAir

I/we reserve the Land | Cruise Program and request the AHI FlexAir to Lisbon, Portugal, with a return from Porto to depart from:

Departure City _____

Land | Cruise Program

I/we will make my/our own air arrangements and transfers.

Single Accommodations

I prefer single accommodations (supplement waived, limited availability).

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **July 30, 2020** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Tour participants who are not members of the General Alumni Association must join the Association (\$50 for singles, \$60 for couples) to participate. Please pay by separate check made payable to the General Alumni Association and mail with this reservation form. I understand that reservations will be made available on a first-come, first-served basis. I accept the conditions as stated in this brochure and submit my reservation as indicated. I understand that the balance is to be paid 75 days prior to departure.

Signature _____ Date _____

Enclosed is a deposit of _____ (\$600 pp required) to reserve _____ place(s).

Accept my check made payable to **AHI Travel**.

Charge my: MasterCard Visa Discover Amex

Card # _____

Expires _____ / _____

(Signature as it appears on credit card)

Please note: Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out herein, including but not limited to the cancellation terms.

All prices listed are in USD. Special offers, promotions and discounts cannot be combined.

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BAGGAGE-Baggage restrictions vary according to the airline policy and the class of service flown. Details will be provided with your pre-departure information. Baggage allowances are subject to change by the carrier without notice. Excess baggage charges for additional or oversized/overweight pieces are expensive and not included in your trip price; plan your wardrobe accordingly. Transport of baggage and personal effects is at the owner's risk throughout the travel program.

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RESPONSIBILITY-AHI Travel and the Sponsoring Association do not own or operate any entity which provides goods or services for this program, and act only as agents for the independent suppliers of travel conveyance, transport, accommodations or other services. All such persons or entities are independent contractors. As a result, AHI Travel and the Sponsoring Association are not liable for any negligence or willful act of any such person or entity or of any third person. In addition and without limitation, AHI Travel and the Sponsoring Association are not responsible for any delays, delayed departure or arrival, missed carrier connections, loss, death, damage or injury to person or property or accident, mechanical defect, failure or negligence of any nature whatsoever caused in connection with any accommodations, transportation or other services or for any substitution of hotels or of common carrier equipment, with or without notice, or for any additional expenses occasioned thereby. Dates, Program Details and Tour costs, although given in good faith and based on tariffs, exchange rates and other information current at the time of printing, are subject to change at or before the time of departure. No revisions of the printed itinerary or its included features are anticipated; however, the right is reserved to make any changes, with or without notice, that might become necessary, with the mutual understanding that any additional expenses will be paid by the individual passenger. Baggage and personal effects are the sole responsibility of the owners at all times. If the entire program is canceled for any reason, participants shall have no claim other than for a full refund. By forwarding the deposit, the passenger certifies that he/she has no physical, mental or other condition of disability that would create a hazard for himself/herself or other passengers and accepts the terms of this contract set out herein and in more specific pre-departure passenger information. The airlines and other transportation companies concerned are not to be held responsible for any act, omission, or event, during the time passengers are not on board their conveyances. The passage contract in use, when issued, shall constitute the sole contract between the company(ies) and the passenger and/or purchaser of this trip.

CANCELLATION-All cancellations for any reason will be subject to a \$300 per person administrative fee. You may choose, at the time of cancellation, to apply the withheld administrative fee to a future AHI Travel program that will operate in the current calendar year or year following. The credit will be applied to the final billing and may not be used as part of the initial deposit. It is non-transferable and is not valid toward the purchase of an AHI Cruises independent cruise. Cancellation from 120 days to 76 days prior to departure will result in forfeiture of 15% of the entire cost of the trip per person; 75-30 days, 50% of the trip cost per person; cancellation from 29 days up to the time of departure will result in 100% forfeiture of the entire cost of the trip. **TRIP CANCELLATION INSURANCE IS AVAILABLE**. AN APPLICATION WILL BE SENT AFTER YOU RESERVE. All cancellations must be submitted in writing to AHI Travel. **CANCELLATION OF TRIP OPTIONS**-Purchases of optional excursions, trip extensions and additional hotel nights become fully non-refundable 45 days prior to departure. All transportation and private transfer purchases are subject only to penalties assessed by the airlines and transfer suppliers.

PROGRAM DATES

Air Program dates:

October 13-24, 2020

Land | Cruise Program dates: October 14-24, 2020

LAND | CRUISE PROGRAM

Category-Deck	Full Price	Special Savings	Special Price*
E-Main Deck	\$4,245	\$250	\$3,995
D-Middle Deck (Aft)	\$4,745	\$250	\$4,495
C-Middle Deck (Aft)	\$4,945	\$250	\$4,695
B-Upper Deck (Aft)	\$5,345	\$250	\$5,095
A-Upper Deck (Forward)	\$5,545	\$250	\$5,295
S2-Middle Deck (Aft)	\$5,845	\$250	\$5,595
S1-Upper Deck (Aft)	\$6,045	\$250	\$5,795

All cabins offer river views and have bathroom with shower, flat-screen TV, hair dryer, safe and closet. S1 features a private terrace and French balcony, S2 and A-D have a French balcony and E has a picture window.

*Special Price valid if booked by the date found on the address panel.

VAT, Port Tax and Service supplement is an additional \$395 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.

Let us arrange your flights!

 **AHI FlexAir** | Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ▶ **price guarantee** to protect you from fuel surcharge increases after ticket purchase.
- ▶ arrival and departure **transfers** on group dates.
- ▶ **flexibility** to change or cancel your reservations without penalty up to 60 days before departure on most flights.
- ▶ **assistance** in the event of schedule changes or delays.
- ▶ **flight insurance** worth up to \$250,000, subject to policy terms.

Travel stress-free with AHI FlexAir.



Guimarães

UNESCO World Heritage

1. Historic Center of Oporto and the Dom Luis I Bridge
2. Historic Center of Guimarães
3. Alto Douro Wine Region
4. University of Coimbra
5. Monastery of the Hieronymites and Tower of Belém
6. Old City of Salamanca



Cathedral, Salamanca

INCLUDED FEATURES

Accommodations

(with baggage handling)

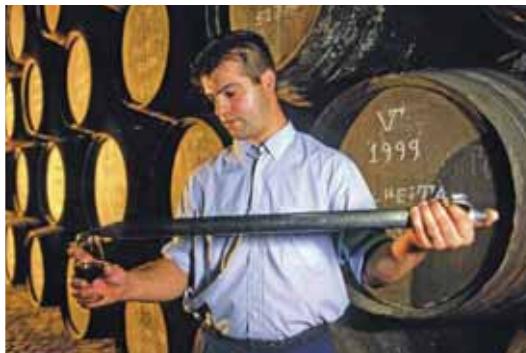
- **3 nights** in Lisbon, Portugal, at the first-class Dom Pedro Palace Lisbon.
- **7 nights** aboard the **exclusively chartered**, first-class MS Amalia Rodrigues.

Transfers

- Deluxe motor coach transfers during the Land | Cruise Program, plus baggage handling.

Extensive Meal Program

- 10 breakfasts, 7 lunches and 7 dinners, including Welcome and Farewell Dinners; plus all drinks on board except Champagne and premium brands.



AHI Travel Expertise

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

Before you go:

- **Travel Consultants** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- **Passenger Service Representative** | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.
- **Travel Information** | Receive extensive destination information and travel tips compiled by our travel-savvy team to prepare you fully for your journey.

Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. From suggesting the best café or pub to sharing a laugh over the stories of the day, our dedicated team takes your adventure to the next level.

- **Travel Director** | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and simply soak up the ambience. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you enjoy an unforgettable travel experience.
- **Expert Guides** | Who better to show you around than the people who live there? We've specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- **Lecturers** | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.

Your One-of-a-Kind Journey

- Expert-led **Enrichment programs** enhance your insight into the region.
- **Discovery excursions** highlight the local culture, heritage and history:
 - Uncover the vibrant capital of Lisbon.
 - Explore Coimbra, witnessing storied sites within the University of Coimbra.
 - Discover the allure of romantic Óbidos.
 - Visit Solar de Mateus, an 18th-century baroque palace in Vila Real.
 - Journey through the Douro Valley and savor a port wine tasting at a local *quinta*.
 - Enjoy the highlights of pretty Lamego.

Choose from a selection of PERSONALIZE YOUR JOURNEY | PYJ excursions in these towns:

- **Porto (Day 6)** | Porto City Tour | Porto by Tram & Flavors of Porto
- **Porto (Day 7)** | Guimarães, Cradle of Portugal | Douro Walk & Port Tasting (Active)
- **Barca d'Alva** | Salamanca City Tour | Salamanca by Bike (Active)
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.





Porto



Fado musician

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Discover the splendor of Lisbon, Porto and the Douro Valley!

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