

# CROCHET HEADBAND INSTRUCTIONS

This versatile headband works up in a jiffy. The key to success to create a gauge and measure the recipient's head. 😊

If you are new to the yarn-crafting world – welcome! YouTube and your local yarn store have tons of resources to get you started.

## MATERIALS

- Yarn (more about yarn in the following section)
- Crochet hook to fit the weight of your yarn
- Scissors
- Stitch markers
- Measuring tape
- Tapestry needle
- Buttons (optional)
- Sewing needle and thread (optional)



## YARN

Feel free to use yarn from your “stash” or pick up something new. I was looking for a warm, bulky yarn but you could easily use a lighter weight or different colors.

*A special shout-out to Great Yarns in Raleigh, NC. I walked in and said, “I would like to make headbands for a work-related project. Do you have any Carolina blue yarn?” The owner, Pam H., mother to a UNC grad, found just the thing and helped pick out a suitable white yarn to pair with it. Thanks, Pam!*

- Juniper Moon Farm, Beatrix, in “Sky” (blue)
- Rowan, Kidsilk Haze, in white
- Stash yarn (I used blue and white from my stash for the headbands that do not have flowers. Alas, I could not find labels for them.)

## SWATCH AND GAUGE

- Chain 12-20 and crochet a few rows (or rounds) to create a small swatch.
- Measure how many stitches fit within 4 inches. This is your gauge.
  - My gauge for the flower headband was: 9 stitches = 4 inches
- Use your gauge to determine how many stitches to chain for your headband
  - My head circumference (where I would wear a headband) is 22 inches.
  - Time for some light math:  $\frac{ZZ \text{ stitches} = 22 \text{ inches}}{9 \text{ stitches} = 4 \text{ inches (gauge from my swatch)}}$
  - $9 \text{ stitches} \times 22 \text{ inches} = ZZ \text{ stitches} \times 4 \text{ inches} \rightarrow 198 / 4 = ZZ = 49.5 \text{ (stitches)}$

## ABBREVIATIONS

- ch = chain
- sc = single crochet
- hdc = half double crochet
- sl st = slip stitch
- yo = yarn over

## HEADBAND WITH FLOWER INSTRUCTIONS

Instructions are for adult woman/22 inch circumference (child/20 inch) (baby/18 inch)

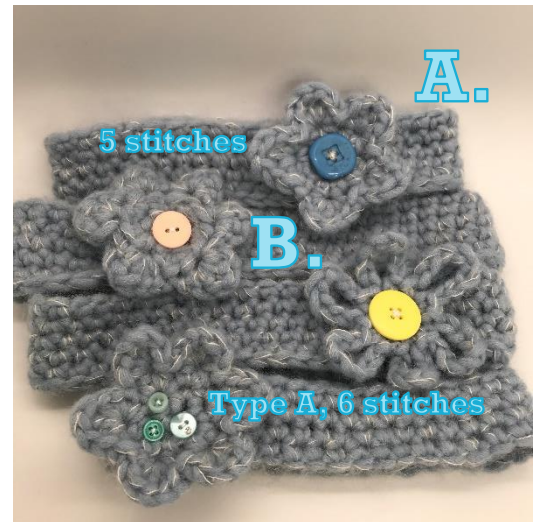
- Ch 49 (45) (40/41)
- Join in the round, being careful not to twist.
  - If you prefer not to work in the round, then ch 1 at the end of every row and turn your work.
- Work 5 rows in sc (4 for child and baby sizes).
- Bind off (seam if worked flat) and weave in ends.
- To make the flower (see photo for examples):

### Style A.

- Use the [magic loop method](#) (for a tighter/smaller center), or ch 5 or 6 and join in the round.
- Hdc x2 into each ch (10 or 12 stitches total)
- Round 2: ["petal stitch", sl st] x 5 or 6
  - Petal stitch – 5 stitches into one
    - sc
    - hdc
    - yo, insert hook, yo (three stitches on hook), pull through 2 loops, yo and pull through both loops, ch 1
    - hdc
    - sc
- Bind off use ends to attach to headband (position over the beginning/end point of the rounds).

### Style B.

- Use the magic loop method, or ch 5 or 6 and join in the round.
- Hdc x2 into each ch (12 stitches total).
- Round 2: [sl st, chain 6 then sl into same stitch] repeat 6 times.
- Bind off use ends to attach to headband (you may wish to position over the beginning/end point of the rounds).



## HEADBAND VARIATIONS INSTRUCTIONS

Instructions are for adult man/ 23 inch circumference, (woman/22 inch), (child/20 inch), (baby/18 inch)

- Chain 51 (49) (45) (40/41)
- Join in the round, being careful not to twist
  - For Type 1 (width 5") (stash yarn)
    - Round 1-3: sc in blue
    - Round 4-5: sc in white
    - Rounds 6-8: sc in blue
  - For Type 2 (width 3") (stash yarn): Hold blue and white yarns together and crochet 5 rounds
  - For Type 3 (width 3") (stash yarn):
    - Round 1: sc in blue
    - Rounds 2-4: puff stitch, alternating in blue, white, blue
    - Round 5: sc in blue
- All types: Bind off and weave in ends



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## CRAFTING TIPS

- Check your swatch for appearance before starting your project. I am a “loose” crocheter and usually need to adjust my hook size.
- Check out Ravelry.com for additional patterns and inspiration.
- Experiment with colors, stitches and widths for a project that’s unique to you!
- If your headband turns out too big (and you’re not inclined to pull it out and redo it), consider calling it a “cowl” instead.

