CROCHET HEADBAND INSTRUCTIONS

This versatile headband works up in a jiffy. The key to success to create a gauge and measure the recipient’s head. 😊

If you are new to the yarn-crafting world – welcome! YouTube and your local yarn store have tons of resources to get you started.

MATERIALS
☐ Yarn (more about yarn in the following section)
☐ Crochet hook to fit the weight of your yarn
☐ Scissors
☐ Stitch markers
☐ Measuring tape
☐ Tapestry needle
☐ Buttons (optional)
☐ Sewing needle and thread (optional)

YARN
Feel free to use yarn from your “stash” or pick up something new. I was looking for a warm, bulky yarn but you could easy use a lighter weight or different colors.

A special shout-out to Great Yarns in Raleigh, NC. I walked in and said, “I would like to make headbands for a work-related project. Do you have any Carolina blue yarn?” The owner, Pam H., mother to a UNC grad, found just the thing and helped pick out a suitable white yarn to pair with it. Thanks, Pam!

☐ Juniper Moon Farm, Beatrix, in “Sky” (blue)
☐ Rowan, Kidsilk Haze, in white
☐ Stash yarn (I used blue and white from my stash for the headbands that do not have flowers. Alas, I could not find labels for them.)

SWATCH AND GAUGE
☐ Chain 12-20 and crochet a few rows (or rounds) to create a small swatch.
☐ Measure how many stitches fit within 4 inches. This is your gauge.
  • My gauge for the flower headband was: 9 stitches = 4 inches
☐ Use your gauge to determine how many stitches to chain for your headband
  • My head circumference (where I would wear a headband) is 22 inches.
  • Time for some light math:  \[
  ZZ \text{ stitches} = 22 \text{ inches} \]
  \[
  9 \text{ stitches} = 4 \text{ inches} \quad \text{(gauge from my swatch)}
  \]
  \[
  9 \text{ stitches} \times 22 \text{ inches} = ZZ \text{ stitches} \times 4 \text{ inches} \rightarrow 198 / 4 = ZZ = 49.5 \text{ (stitches)}
  \]

ABBREVIATIONS
☐ ch = chain
☐ sc = single crochet
☐ hdc = half double crochet
☐ sl st = slip stitch
☐ yo = yarn over
HEADBAND WITH FLOWER INSTRUCTIONS

Instructions are for adult woman/22 inch circumference (child/20 inch) (baby/18 inch)
☐ Ch 49 (45) (40/41)
☐ Join in the round, being careful not to twist.
  • If you prefer not to work in the round, then ch 1 at the end of every row and turn your work.
☐ Work 5 rows in sc (4 for child and baby sizes).
☐ Bind off (seam if worked flat) and weave in ends.
☐ To make the flower (see photo for examples):
  Style A.
    • Use the magic loop method (for a tighter/smaller center), or ch 5 or 6 and join in the round.
    • Hdc x2 into each ch (10 or 12 stitches total)
    • Round 2: [“petal stitch”, sl st] x 5 or 6
      o Petal stitch – 5 stitches into one
        ▪ sc
        ▪ hdc
        ▪ yo, insert hook, yo (three stitches on hook), pull through 2 loops, yo and pull through both loops, ch 1
        ▪ hdc
        ▪ sc
    • Bind off use ends to attach to headband (position over the beginning/end point of the rounds).
  Style B.
    • Use the magic loop method, or ch 5 or 6 and join in the round.
    • Hdc x2 into each ch (12 stitches total).
    • Round 2: [sl st, chain 6 then sl into same stitch] repeat 6 times.
    • Bind off use ends to attach to headband (you may wish to position over the beginning/end point of the rounds).

HEADBAND VARIATIONS INSTRUCTIONS

Instructions are for adult man/ 23 inch circumference, (woman/22 inch), (child/20 inch), (baby/18 inch)
☐ Chain 51 (49) (45) (40/41)
☐ Join in the round, being careful not to twist
  • For Type 1 (width 5”) (stash yarn)
    o Round 1-3: sc in blue
    o Round 4-5: sc in white
    o Rounds 6-8: sc in blue
  • For Type 2 (width 3”) (stash yarn): Hold blue and white yarns together and crochet 5 rounds
  • For Type 3 (width 3”) (stash yarn):
    o Round 1: sc in blue
    o Rounds 2-4: puff stitch, alternating in blue, white, blue
    o Round 5: sc in blue
☐ All types: Bind off and weave in ends
CRAFTING TIPS

☐ Check your swatch for appearance before starting your project. I am a “loose” crocheter and usually need to adjust my hook size.
☐ Check out Ravelery.com for additional patterns and inspiration.
☐ Experiment with colors, stitches and widths for a project that’s unique to you!
☐ If your headband turns out too big (and you’re not inclined to pull it out and redo it), consider calling it a “cowl” instead.