Costa Rica’s Natural Heritage

11 days from $4,581 total price from Miami
($4,195 air & land inclusive plus $386 airline taxes and fees)

In this small Central American democracy kissed by nature, our small group discovers a nation’s wealth in four distinct regions, from cloud forest to rainforest, Central Valley to Pacific Coast. As Costa Rica presents its staggering display of biodiversity – pristine landscapes, unique microclimates, exotic flora and fauna – we enjoy a relaxed yet comprehensive exploration that celebrates the country’s wide-ranging natural resources.

Day 1: Depart for San Jose, Costa Rica We arrive in the Costa Rican capital and transfer to our hotel located in the Escazu area outside the city. This afternoon and evening are at leisure.

Day 2: San Jose After meeting our tour director and fellow travelers at this morning’s breakfast briefing, we embark on an excursion to Irazú National Park, whose active volcano last erupted in 1994. At 11,260 feet, Irazú stands as Costa Rica’s tallest volcano, as well as its largest; and presents a spectacle of nature, as it rises from a flat, bare landscape coated in ash. We return to our hotel late this afternoon; tonight we enjoy a welcome dinner there. B,L,D

Day 3: San Jose/Arenal Region We leave this morning for the Arenal region, passing picturesque villages along the way. We stop at the Doka Coffee Estate, located on the fertile slopes of Poas Volcano, where we learn about coffee-making and Costa Rica’s coffee crop, one of the country’s largest exports. Continuing on, we stop in Carrizal at the family-owned Botanical Orchid Garden, with tropical trails, exhibits, nurseries, and gardens all dedicated to the wondrous orchid plant. After time to explore here, we travel on to Arenal and our hotel, which offers magnificent views of Arenal Volcano and where we dine tonight. B,L,D

Day 4: Arenal Region This morning we visit a local elementary school to enjoy a cultural exchange with the children and learn about Costa Rica’s vaunted educational system – the country boasts a literacy rate of more than 95%. We continue on to Ecocentro Danaus, a biological reserve focused on conservation, environmental education, and sustainability. A series of trails winds through the secondary forest, where we see diverse flora, including orchids, bromelia, and heliconia, along with some of the reserve’s 150 species of birds, sloths, and bats, among other fauna. Highlights include a butterfly farm with 30 different species and a natural water spring that attracts waterfowl, alligators, and iguana. Later today there’s time for more volcano viewing before and after dinner (at a local restaurant) from a comfortable perch at our hotel. B,L,D

Day 5: Arenal Region On this morning’s visit to Arenal’s Mistico Park hanging bridges, we have the special opportunity to experience the rainforest from the canopy level as we traverse a series of five suspension bridges high above the forest floor. While we observe the rainforest from a unique perspective, our naturalist guide will point out some of the flora and fauna that thrive here. Then we return to our hotel, where the remainder of the day is at leisure to relax amidst the beautiful grounds and thermal waters. Lunch and dinner today are on our own. B

Your Small Group Tour Highlights
Irazú Volcano excursion • Doka Coffee Estate • Carrizal’s Botanical Orchid Garden • Visit with schoolchildren • Eco-centro Danaus Biological Reserve • Arenal hanging bridges guided walk • Night viewing of Arenal Volcano • Monteverde Cloud Forest biological reserve • Temisque River float safari • Three-night Guanacaste stay at a beachfront resort

Day Itinerary Hotel Rating
1 Depart U.S. for San Jose InterContinental Sup. First Class
2 San Jose InterContinental Sup. First Class
3-5 Arenal Region Lomas del Volcan First Class
6-7 Monteverde Cloud Forest El Establo Mountain Hotel First Class
8-10 Guanacaste JW Marriott Guanacaste Sup. First Resort & Spa Class
11 Depart Guanacaste for U.S.

Ratings are based on the Hotel & Travel Index, the travel industry standard reference.

We see Arenal, one of the world’s most active volcanoes, from a safe distance.
Day 6: Arenal Region/Monteverde Cloud Forest
We travel today to the "green cathedral" of Monteverde. On route we stop to visit a non-profit handicrafts cooperative dedicated to enhancing the economic and social well-being of local women artists. After lunch on our own in Santa Elena, we continue on to our hotel, arriving late afternoon. We dine tonight at a local restaurant in Monteverde. B,D

Day 7: Monteverde
This morning we embark on a guided walk through Monteverde’s biological reserve, learning about the amazing biodiversity in this relatively small area. After lunch together we visit the Monteverde Bat Jungle to learn about Costa Rica’s diverse – and important – bat population. Late this afternoon we return to our hotel for time at leisure before we dine together this evening. B,L,D

Day 8: Monteverde/Guanacaste
We depart by coach this morning for Guanacaste, Costa Rica’s stunning northwest Pacific coastal region. Along the way we visit Monteverde’s delightful Butterfly Garden, with a variety of species including the stunning blue morpho and the virtually transparent glasswing. After a stop for lunch, we reach our resort hotel overlooking the Pacific mid-afternoon. B,L,D

Day 9: Guanacaste
A float safari on the Tempisque River highlights this morning’s excursion to the Palo Verde region, which is both an extraordinary wetland and also one of the world’s last tropical dry forests. In this unique ecosystem, we can expect to see abundant bird- and wildlife, including monkeys, iguanas, and crocodiles. After lunch together we return to our hotel mid-afternoon, with the remainder of the day at leisure along one of Costa Rica’s most beautiful Pacific Coast settings. B,L

Day 10: Guanacaste
Today is at leisure to enjoy the beautiful beach and other amenities of our hotel, including an outdoor infinity pool. Optional activities include kayaking, hiking, or visiting the lively town of Tamarindo. This evening we gather at a farewell dinner to celebrate our Costa Rican adventure. B,D

Day 11: Depart for U.S.
We transfer to the airport this morning for our return flights to the U.S. B

Pre-Tour Option
January 8-11, 2024
Tortuguero National Park
4 days/3 nights for $895 total price
Single Supplement: $195
Encounter exceptional biodiversity, from rainforest to marsh, where fresh water meets the sea to form canals, lagoons, and wetlands; and also to provide an important turtle nesting reserve. An ecological tour de force!

Your Tour Price Includes
• Round-trip air transportation from listed cities
• 10 nights’ accommodations in Superior First Class and First Class hotels
• 23 meals: 10 breakfasts, 6 lunches, 7 dinners
• Extensive sightseeing as described, including all entrance fees
• Services of an expert Costa Rica naturalist as your Odysseys Unlimited Tour Director
• Private motorcoach transportation throughout your trip
• Luggage handling for one bag per person
• Gratuities for dining room servers, airport and hotel porters, and all drivers

Local birdlife includes the Great Green Macaw.

We explore Tortuguero’s canals on the pre-tour option.

I consider myself well-travelled, and this was the most worthwhile trip I have yet experienced.
— Tar Heel Traveler

Tour Price Includes
• Round-trip air transportation from listed cities
• 10 nights’ accommodations in Superior First Class and First Class hotels
• 23 meals: 10 breakfasts, 6 lunches, 7 dinners
• Extensive sightseeing as described, including all entrance fees
• Services of an expert Costa Rica naturalist as your Odysseys Unlimited Tour Director
• Private motorcoach transportation throughout your trip
• Luggage handling for one bag per person
• Gratuities for dining room servers, airport and hotel porters, and all drivers

Prices include international airfare and all taxes, surcharges, and fees

Tour Departs: January 11, 2024

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Land Only (transfers not included) $3,895

Please call if your city is not listed. Prices are per person based on double occupancy and include airline taxes, surcharges, and fees of $386, which are subject to change until final payment is made.

Single travelers please add $1,395. All tour prices above (excluding airline taxes, surcharges, and fees) are guaranteed.

Please note: This trip includes nature walks – between 1–3 miles per day, unassisted – and lengthy coach rides over bumpy dirt roads. You should be in good physical condition to enjoy the tour to its fullest.

For questions, call the GAA’s Tar Heel Travel office at 1-877-962-3980
Tour Prices
Tour prices quoted are guaranteed through December 31, 2024, and include accommodations based on double occupancy; airfare from your departure city; airline taxes, surcharges, and fees, and port charges and cruise line fees (where applicable), which are subject to change until final payment has been made; internal air, rail, and motorcoach transportation; meals, sightseeing, and transfers as described; hotel taxes; entrance fees for included sightseeing; the services of an Odysseys Unlimited Tour Director; luggage handling for one bag per person; and all gratuities as described below. Please note that the cost of air upgrades is subject to change.

Gratuities
Tour prices include all gratuities for local guides, dining room servers, airport and hotel porters, and all drivers on base tours and on optional extensions when accompanied by an Odysseys Unlimited, Inc. representative. Please note that gratuities for the Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) are not included unless otherwise noted. These tips are optional and should be extended on a voluntary basis. Gratuities are not included on “On Your Own” optional extensions.

Not Included in Your Tour Price
Airfare from your hometown to your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; immunizations, inoculations, and COVID-19 testing; communications charges; airport transfers when purchasing a land-only package; gratuities to your Odysseys Unlimited Tour Director and shipboard personnel (if a cruise is included in your tour) unless otherwise specified, which are at your discretion (suggested gratuities: $10-$15 per guest, per day); and a Travel Protection Plan. Please contact the UNC General Alumni Association (UNC GAA), for travel insurance information. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

Registration and Payment
A deposit of $500 per person confirms your reservation. Full payment is due at least 95 days prior to departure and may be made by personal check or credit card. Odysseys Unlimited, Inc. reserves the right to cancel any reservations that are not paid in full at any time after final payment is due. If you make your reservation after the final payment date, payment in full will be required upon reservation.

Cancellations and Refunds
If you must cancel your tour, the effective date of cancellation will be upon our receipt of your notification. Refunds for cancellations are subject to the following per person charges:
General Terms and Conditions

For all tours in this catalog (except as noted)

Prior to departure Charge
95 days or more: $200
94-65 days: 25% of tour price
64-45 days: 50% of tour price
44-30 days: 75% of tour price
29-0 days: No refund

For Egypt & the Eternal Nile, Journey through Vietnam, Machu Picchu to the Galapagos

Prior to departure Charge
95 days or more: $200
94-65 days: 50% of tour price
64-30 days: 75% of tour price
29-0 days: No refund

Please note that we will not refund the cost of any unused portion of your tour package, should you or your travel companion cancel your participation during the tour. If due to unforeseen circumstances Odysseys Unlimited, Inc. cancels your tour, you will receive a complete refund of all payments you have made to us.

Pre-Departure

Upon reservation, you will be able to access all information regarding your tour in My Odyssey, our secure on-line portal. This material includes your invoice, a detailed day-by-day itinerary, visa requirements (if applicable), and more. Your final tour documents, including airline itineraries (with e-ticket numbers), will be available in the portal two to three weeks before departure.

Single Travelers

We welcome single travelers, and offer a limited number of single accommodations on each tour. Because hotel and cruise rates are priced by the room or cabin, the per person cost for accommodations occupied by one person is higher than that shared by two people. We endeavor to keep single supplements at a reasonable cost. Please note that single rooms in many foreign hotels may be smaller than those to which you are accustomed.

Changes to Your Reservation

We will not charge a fee for any changes made to your reservation outside of 95 days before departure. From 94 to 30 days before departure, if you make any changes to your reservation, a $100 per person administrative fee will apply, in addition to any fees or penalties imposed by airlines, hotels, or other third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason or at any time, you will be charged the single supplement.

Please note that no changes to your reservation can be made within 30 days of departure.

Required Information

Upon reservation, we will need to obtain from you the following, in accordance with the Transportation Security Administration’s (TSA) Secure Flight program (for details, please visit www.tsa.gov), as well as for our travel partners: for international tours – your full name as it appears on your passport, date of birth, and gender; for domestic tours – your full name as it appears on the accepted form of government-issued photo identification that you plan to use, date of birth, and gender. In addition, airlines may require that we provide them with your contact information prior to departure. In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport (international tours) or other form of government issued photo identification (domestic tours) than originally cited, you will be responsible for charges associated with the ticket’s reissue.

Travel Documents

A passport valid for at least six months after the completion of your tour is required for U.S. citizens on all international tours. For all domestic tours, where we fly into a U.S. city to begin the tour or out of a U.S. city at the end, you must present a valid U.S. government-issued photo identification. Starting on May 7, 2025, your government-issued photo ID must be REAL ID-compliant (or you can present an alternate form of ID, such as a passport). Visit www.dhs.gov/real-id or contact your local DMV for more information. If your tour requires a visa(s), we strongly recommend that you have at least six blank visa pages available; for tours not requiring a visa(s), we recommend that your passport have at least three blank visa pages. We will send you specific visa and entry requirements after you make a reservation. You are responsible for obtaining these documents.
If you need to obtain a visa, we recommend our preferred provider G3 Global Services. If you are traveling with a minor, please contact us for special entry requirements. If you are not a U.S. citizen, please contact your embassy or consulate to ensure you obtain the proper documentation.

**Smoking**
For the convenience of the majority of our travelers, Odysseys Unlimited, Inc. has a No Smoking policy (including e-cigarettes and vaping) on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

**Health and Medical Issues**
We welcome all travelers, but request that you be in good health to participate in an Odysseys Unlimited, Inc. tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day, unassisted), often uphill or on uneven or cobblestone streets. **You must be able to get on and off motorcoaches and boats on your own.** We regret that we cannot provide individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that many of our itineraries, for reasons beyond our control, do not accommodate wheelchairs. Please call or e-mail us to inquire, and we will do our best to answer any questions you may have. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, the UNC GAA and Odysseys Unlimited, Inc. assume no financial responsibility for any unused portion of the tour. While we do our best to accommodate food allergy concerns, we cannot guarantee zero cross-contamination.

**Air Transportation**
Odysseys Unlimited, Inc. includes in its tour price round-trip economy air from designated gateway cities as shown and contracts with those airlines they feel provide the level of service, routings, and value necessary for your entire trip. While another airline may offer more direct service, it may be at a price unavailable at the lower group rates that enable us to offer you the best possible travel value. You will receive your preliminary air schedule approximately 2½ months prior to departure.

Please note that seat assignment on your flight is usually done at airport check-in. Odysseys Unlimited, Inc. is unable to guarantee any seat assignments. Due to the nature of tour operator tickets, other restrictions apply, including, but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and fees. If you prefer to make your own travel arrangements, booking the tour “Land Only” is available on most tours. Since international and domestic air schedules are subject to change at any time, we recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. In addition, we recommend that you not purchase your tickets until final payment is due. If you choose to make your own air arrangements, Odysseys Unlimited, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

**Responsibility**
The liability of the UNC GAA as sponsor, and Odysseys Unlimited Inc., as tour operator, is strictly limited. Odysseys Unlimited, Inc. purchases transportation, hotel accommodations, and restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, or of their employees, agents, servants, or representatives. The UNC GAA and Odysseys Unlimited, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including, without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise lines, and other independent suppliers.

We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality. Cruise itineraries may change due to factors such as government regulations, water levels, or weather conditions.
**UNC GAA RESERVATION FORM**

To reserve your place on tour, please complete UNC GAA’s online reservation form at [alumni.unc.edu/reserve](http://alumni.unc.edu/reserve) or scan the QR code below; complete this Reservation Form and mail it to the GAA at the address below, or email it to [enrichment@unc.edu](mailto:enrichment@unc.edu); or call the GAA at 1-877-962-3980.

Once this request is received by Odysseys Unlimited, a Travel Counselor from Odysseys Unlimited will contact you to securely take your credit card information for the deposit. Your reservation is not confirmed until your deposit is paid and processed. Payment may be made by American Express, Discover, MasterCard, or VISA, or by personal check. If paying by check, please make check payable to *Odysseys Unlimited, Inc.* and include with the form. Final payment is due at least 95 days prior to departure.

Send to: General Alumni Association  
University of North Carolina  
PO Box 660  
Chapel Hill, NC 27514-0660  
Scan QR code for online reservation form.

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| Tour Name | Departure Date | Pre- or Post-Tour Extension (as described on tour page): Please sign me/us up  

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I/we would like to request _________ place(s). (Deposit amount is $500 per person.)

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Please book my/our air from __________ I/We request an air upgrade to __________

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I will share a room with __________ I request a single room (limited availability)

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I/We request an upgrade to a Highland Villa (*Machu Picchu to the Galapagos only*)

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**UNC GAA MEMBERSHIP REQUIREMENT**

Tour participants who are not members of the General Alumni Association must join the Association ($50 for singles; $60 for couples). Please pay by separate check made payable to the General Alumni Association and mail with this reservation form or visit [alumni.unc.edu/join](http://alumni.unc.edu/join) to renew or join online.