

THE 20th ANNUAL
TIMOTHY B. AND JANE A. BURNETT
SEMINAR FOR ACADEMIC ACHIEVEMENT

ADHD 2.0

New Science and Essential Strategies for Thriving with Distraction

Two prominent leaders and best-selling authors in the field of ADHD, **Edward (Ned) M. Hallowell MD** and **John J. Ratey MD**, have joined together in their newest book, *ADHD 2.0*, to share the many recent advances in the understanding and treatment of ADHD. In this seminar, they will draw on their personal and professional experiences as well as the latest research and science to discuss the complexity of ADHD, how ADHD can be understood as a variable attention stimulus trait, and the arsenal of available strategies to help manage it. They will discuss how if mastered, ADHD can bring out talents, be a uniquely powerful asset and be a springboard to success.

Sign up at alumni.unc.edu/academicsuccess

TUESDAY, OCT. 3 • 1–3:30 P.M.
GEORGE WATTS HILL ALUMNI CENTER

- FREE AND OPEN TO THE PUBLIC
- IN-PERSON SEMINAR AND LIVESTREAM
- BOOK SIGNING TO FOLLOW, 3:30 – 4:30 P.M.



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

The Burnett Seminar services parents of teens and young adults with ADHD/ILD. Its mission is to inspire this population that success in life is possible

Sponsored by the Learning Center in the College of Arts and Sciences and Carolina Alumni